A step by step guide

How to test with the CoaguChek® INRange system

Please review these tips for getting a good drop of blood.

Increasing the blood flow in your finger will help you get a good drop of blood:
• Warm your hand. Hold it under your arm, use a hand warmer, and/or wash with warm water.
• Let your arm hang by your side.
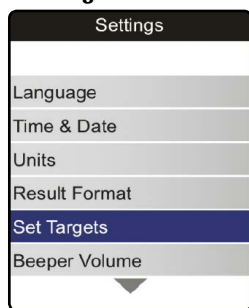• Massage your finger from its base.

1. Wash Hands
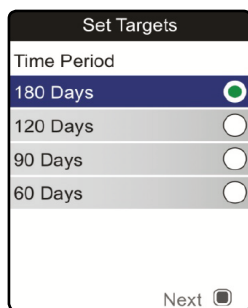Wash your hands in warm, soapy water. Make sure your fingertip is thoroughly dry.

2. Get Ready
Take a test strip out of the container. Close the container tightly. Note: You have 10 minutes to use a test strip once you remove it from the container.
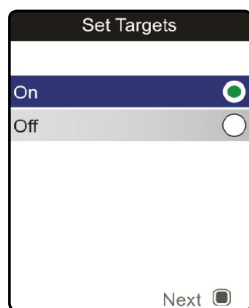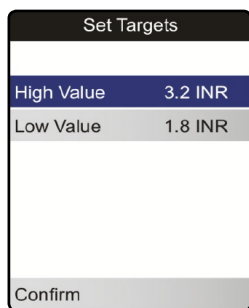

Set Targets

Select Set Targets and press the Enter button ⬛ to open the corresponding menu.
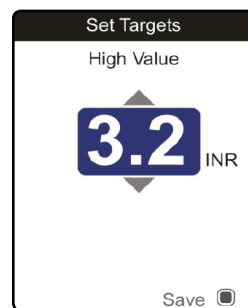
Select the desired time period for results to be displayed. Press the Enter button ⬛ to confirm the selected time period.

The current selected option is indicated by a green dot on the right.

Select the value you wish to set and press the Enter button ⬛ to proceed.
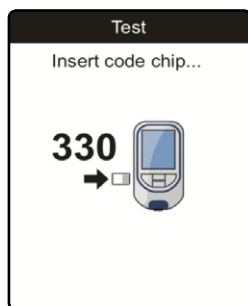
Repeat last steps to set the second value. Select Confirm and press the Enter button ⬛ to save.
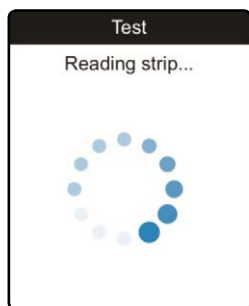

Performing a test

After startup, Test is pre-selected. Press the enter button ⬛ to start the test.
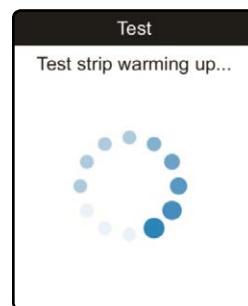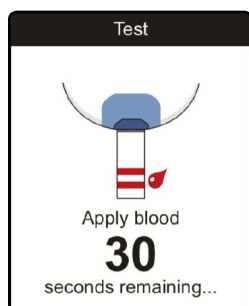
Insert code chip if prompted.

Slide the test strip into the guide in the direction of the arrows.

The meter reads the strip information (from the barcode on the test strip).

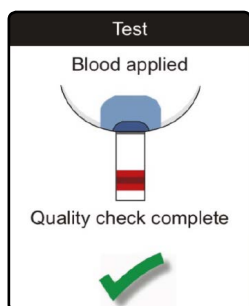Once test strip is checked successfully, screen shows test strip warming up.

Once complete, you have 180 seconds to apply blood to the test strip.
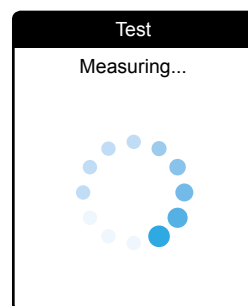
Lance the side of a fingertip, apply the first blood drop to test strip.

Apply the blood to the sample application area within 15 seconds.

A beep tone indicates that you have applied enough blood.

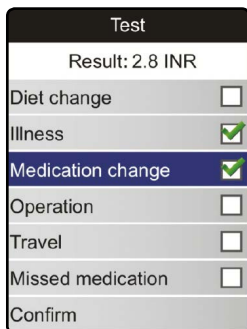The meter now performs an automatic quality control check on the test strip.

Freephone Care Line 0808 100 7666 (ROI 1 800 992 868)

A step by step guide
Interpreting and analysing your results

Result Display

Test
17:03   17 Sep 2015
2.8 INR
Add Comment
Main Menu

To add a comment, highlight **Add Comment** and go to the comment list.

Test
Result: 2.8 INR
Diet change ☐
Illness ☑
Medication change ☑
Operation ☐
Travel ☐
Missed medication ☐
Confirm

Use ▲▼ and ◉ to highlight, confirm and proceed with settings.

Test
Result: 2.8 INR
Comments
Illness
Medication change
Edit Comment
Confirm
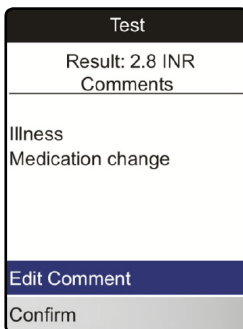
If the list of previously selected comments is correct, press ◉.

Test
17:03   17 Sep 2015
2.8 INR
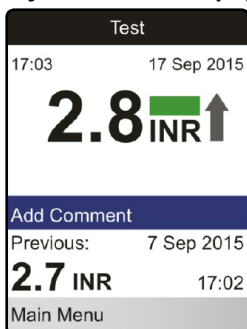Edit Comment
Main Menu
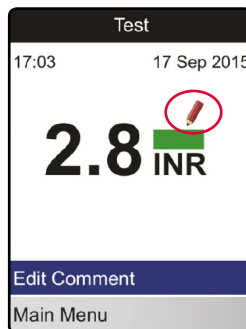
The result screen now shows the Comment symbol ✎. Test is complete.

Remove test strip, turn the meter off and dispose of the test strip.

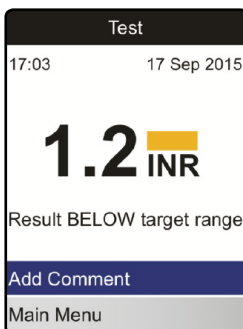### If your results are displayed in INR:

Test
17:03   17 Sep 2015
2.8 INR ↑
Add Comment
Previous: 7 Sep 2015
2.7 INR   17:02
Main Menu

Green bar if within target range. (Arrow shows whether results are higher or lower than before.)

Test
13:46   04 Mar 2015
7.8 INR
Result ABOVE target range
Edit Comment
Main Menu
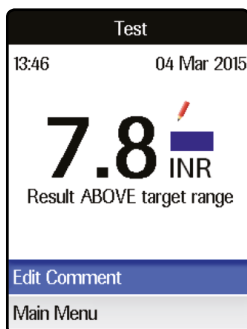
Blue bar if above target range (with words underneath).

Test
17:03   17 Sep 2015
1.2 INR
Result BELOW target range
Add Comment
Main Menu

Yellow bar if below target range (with corresponding text).

Displaying a Trend report

Trend
90 Days
Average: 2.5 INR
INR
Time
Table ◉
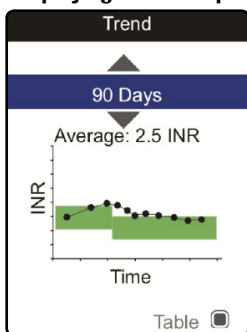
From the **Main Menu**, use ▲▼ to open the **My Results** menu, select **Trend** and press ◉ to display the report.
The report above is shown as Graph view.

Trend
19 Jul 2015	2.5 INR
12 Jul 2015	2.6 INR
05 Jul 2015	2.8 INR
29 Jun 2015	2.4 INR
22 Jun 2015	2.9 INR
15 Jun 2015	2.9 INR
Graph ◉

In Table view test results are shown in a list. The oldest date is shown at the bottom and the most recent date at the top. Use ▲▼ to select the time period you want.

Trend
19 Jul 2015	2.5 INR
12 Jul 2015	2.6 INR
05 Jul 2015	2.8 INR
29 Jun 2015	2.4 INR
22 Jun 2015	2.9 INR
15 Jun 2015	2.9 INR
Graph ◉

Test results above or below the measuring range are marked accordingly. These test results appear in red in the table and are not displayed in the trend graph.

Displaying a Target report

Target
90 Days
Average: 2.5 INR
■ Above
■ Within
■ Below
Table ◉
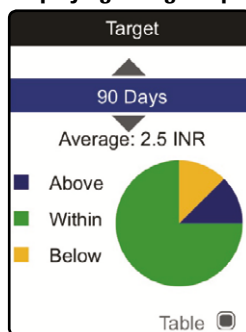
From the **Main Menu**, use ▲▼ to open the **My Results** menu, select **Target** and press ◉ to display the report.

Target
90 Days
Average: 2.5 INR
■ Above	10%
■ Within	75%
■ Below	15%
Graph ◉

Use ▲▼ to select the time period you want to evaluate. Press ◉ to toggle between graph and table display. Press the Back button to return to the **My Results** menu.

CoaguChek®